



# Veterans 6K Cross-Country Run

November 13, 2010

Perquimans County Recreation Department  
310 Granby Street, Hertford, NC 27944

\$10.00 - Pre-registration - Deadline Nov. 1, 2010

NO TEESHIRT, NO TROPHIES OR MEDALS

Race will be timed.  
Awards will be "surprise" items.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Gender:  Male  Female

Age on day of race: \_\_\_\_\_

Method of Payment: Cash  Check  Check # \_\_\_\_\_

Make check payable to:  
Perquimans County Band Boosters

Mail to: 6K Cross-Country Run, P.O. Box 691, Hertford, NC 27944

## WAIVER (MUST BE SIGNED)

I know that participating in a Perquimans County Recreation Sports Event is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in Perquimans County Recreation activities including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone entitled to act in my behalf, waive and release any and all sponsors including but not limited to Perquimans County Recreation, Hertford Town, Perquimans County, race officials, volunteers, and all sponsors, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures or any other record of this event for any legitimate purpose.

\_\_\_\_\_  
Signature of the Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent (if Athlete is under 18 years of age)